

Random Acts of Kindness Week- February 13-17, 2023

Join Trident United Way for our annual Random Acts of Kindness Week! Help collect or donate household, cleaning and everyday supplies to benefit low income or transitioning families in the Tri-County Area. All items will be distributed to agencies serving individuals and families struggling with poverty or transitioning to stable housing. Often times, these essential items are considered “luxury” items for those struggling. [Register here to participate and TUW staff will be in touch with you soon!](#)

Produce Box Packing for Head Start families – Now through end of March

[GrowFood Carolina](#) is supporting local farmers and helping put local food in the hands of children and families who need it. Volunteers are needed to help pack produce boxes over the next few weeks to be distributed to Head Start families (families with children under 5). Click on the [Signup genius link](#) to view available volunteer dates and times and to sign up.

Read Across America Day – Wednesday, March 2nd

Join TUW on March 2nd for the 6th Annual Read Across America Day! Volunteers will visit classrooms to share their love of reading with a book (or two) to students in Child Development through 3rd grade! Volunteers can be as creative as they like using fun props, costumes, backdrops and more! Either way, your reading will help inspire a future generation of readers! [Click here for more information or to sign up and a TUW staff member will contact you soon!](#)

Katie's Krops

On February 2nd and February 16th Katie's Krops is hosting their Katie's Krops dinner which allows anyone in need in the community to have a healthy, homemade meal. They are looking for desserts and milk to share with dinner guests. For more information please contact: katie@katieskrops.com.

Katie's Krops also has several upcoming volunteer events:

- Volunteer in the Garden Feb. 1 from 10am-noon- [Sign Up for Wednesday, February 1st](#)
- Volunteer in the Garden (ages 10+)- Feb. 11 from 930-1130am- [Sign Up for Saturday, February 11th Morning in the Garden](#)
- Volunteer in the Garden- Feb. 15th from 10am-noon- [Wednesday, February 15th Morning in the Garden](#)
- Volunteer in the Garden- Feb. 22nd from 10am- noon- [Sign Up for Wednesday, February 22nd](#)

East Cooper Community Outreach (ECCO)

ECCO is looking for volunteers to collect items for their clothing, baking, and hygiene closets which will go to their clients, free of charge. Some of the needed items are as follows:

- Baking Items: Flour, Sugar, Cooking Oil and Spray, Cake Mix, Cookie/Brownie Mix, Jell-O Pudding Mix, Pie Crust, Pie Filling, Chocolate Chips, Sprinkles, Frosting, Vanilla, Cocoa Powder, Evaporated and Condensed Milk.

- Hygiene- Soap, Body Wash, Shampoo, Conditioner, Toothpaste, Toothbrushes, Dental Floss, Body Lotion, Deodorant, Feminine Hygiene Products
- Cleaning Supplies- Laundry Detergent, Dish Soap, All-purpose cleaners, Toilet paper, Paper towels, Dishwasher powders, Hand Soap, Toilet Cleaners, Cleaning sponges, Trash bags

For questions or more information please email fooddrives@eccocharleston.org

[Our Lady of Mercy Community Outreach](#)

Our Lady of Mercy Community Outreach is looking for volunteers to help provide some necessary resources for the community. They are in need of hygiene supplies including soap, shampoo, conditioner, deodorant, feminine products, underwear, socks, bras, undershirts, baby items including small toys/pacifiers/teethers, towels and washcloths. For more information please call 843-559-4109 x 112. Financial contributions are also appreciated and can be made [here](#).

[Heart Math Tutoring](#)

Support a child in CCSD with just 1 hour per week! Heart Math Tutoring trains and supports volunteers as tutors to work one-on-one with elementary students to build foundational math skills and confidence. With the support of an on-site coordinator, volunteers use an easy-to-follow, proven curriculum featuring hands-on activities and games. Volunteers work with the same student(s) all year building a relationship and strengthening skills. No need to be a "math person" - if you can count and do basic math, you can make a difference in the life of a child! Sign up to volunteer at heartmathtutoring.org/new-programs/charleston/#volunteer and select your day and time or email Dave Smith dave.smith@heartmathtutoring.org with questions.

[Meals on Wheels](#)

Looking for a great team-building experience? Meals on Wheels can now accommodate larger groups of volunteers (10-12). They have combined kitchens into the one Meeting Street location and need volunteers to help plate, seal and package the 700 meals they deliver each day. Please email Donna Cook at donnac@charlestonareaseniors.com for more information.

[Neighbors Together](#)

Neighbors Together is looking for nurses and doctors to volunteer with their Health & Wellness Program. Please contact Erin Shoffner at eshoffner@neighborstogether.org for more information.

Neighbors Together is also recruiting business professionals that would like to volunteer with their Small Business Academy launching this Fall. There are a variety of roles such as mentor, guest speaker, facilitator and advocate, just to name a few. If you would like more information, please contact Suzanne Young at syoung@neighborstogether.org.

[Tri-County S.P.E.A.K.S.](#)

Tri-County S.P.E.A.K.S. is looking for volunteer advocates to run their 24/7 hotline. To learn more about this opportunity visit tricontyspeaks.org/volunteer.

James Island Outreach

James Island Outreach is looking for Food Rescue Drivers and Stock Room Volunteers for Monday-Friday mornings. Drivers will pick up donated produce and groceries from local farms and grocery stores located on Johns and James Island and deliver them to James Island Outreach. Stock Room Volunteers receive donated goods and help with the sorting and shelving of food items. Volunteer shifts are self-scheduled through a Sign-up Genius. Lifting up to 40lbs is required. Email jioutreachinfo@gmail.com for more info.

Hospice of Charleston

Do you have big heart for hospice? Hospice of Charleston is looking for dynamic volunteers to help support their patients and caregivers/families. Many caregivers can experience burnout from the constant demand of being a primary caregiver. Hospice volunteers help alleviate some of these everyday stresses by running errands for caregivers, doing light housework/yardwork or simply being a loving presence in the homes or facilities. Contact Rachel Pineda rpineda@kindredhospicecare.com to sign up today.

Lead United – Applications Due March 6th!

Lead United is a comprehensive community leadership and nonprofit board development program. The purpose of Lead United is to equip participants with necessary skills to serve on a nonprofit board of directors. This six week program focuses on educating professionals and skill-building for board-level service opportunities. Additionally, participants will increase their understanding of community challenges for deeper engagement. During the program, participants will hear from content experts at Trident United Way and a myriad of community partners and current nonprofit board members. [Click here](#) for additional details including the application!

Thank you for VOLUNTEERING UNITED!