TRIDENT UNITED WAY'S

Monthly Volunteer Connections

Here's what's coming up where you can get involved!

Volunteer with FoodShare Berkeley County

FoodShare Berkeley County, powered by Trident United Way, provides the opportunity for individuals to invest in their health and gain access to fresh, quality food at an affordable cost. Fresh Food Boxes are available every other week and include a variety of fresh fruits and vegetables at an affordable price. Boxes can be purchased with SNAP benefits or with a credit/debit card. Volunteers are needed to help assemble the Fresh Food Boxes every other week. To sign up to volunteer please click here: FoodShare Volunteer Interest Form or for more information, please contact Anwar Young, Sr. at ayoung@tuw.org.

Apply to become an AmeriCorps Member

AmeriCorps is an opportunity for individuals of all ages and backgrounds to give their time and talent to strengthen communities. Members commit their time to address critical community needs like increasing academic achievement, mentoring youth, fighting poverty, sustaining national parks, preparing for disasters and more. AmeriCorps Members in our program are matched with a host partner agency to serve in a variety of roles over a one-year full-time term. For more information or to apply to be part of the 2023-2024 AmeriCorps Service Team, please visit: <u>https://www.tuw.org/americorps-2023-service-</u> term.

Trident United Way's Days of Caring- Save the Date – November 15-17, 2023 Days of Caring is the largest community service day(s) in the Tri-County region, assisting non-profit agencies and schools to build their capacity through volunteers helping to advance their mission, build partnerships, and improve systems. Volunteer registration opens mid-October! For more information, please visit www.tuw.org/daysofcaring or email dayofcaring@tuw.org.

Lead United – Applications Due September 15!

Lead United is a comprehensive community leadership and nonprofit board development program. The purpose of Lead United is to equip participants with necessary skills to serve on a nonprofit board of directors. This six week program focuses on educating professionals and skill-building for board-level service opportunities. Additionally, participants will increase their understanding of community challenges for deeper engagement. During the program, participants will hear from content experts at Trident United Way and a myriad of community partners and current nonprofit board members. <u>Click here</u> for additional details including the application!

One80 Place is looking for Volunteers

One80 Place is looking for volunteers to help with breakfast, lunch and/or dinner service in their community kitchen as well as pantry helpers. One80 Place seeks to end and prevent homelessness and implements various programming to address the needs in the community. There are various dates and times to choose from. Please visit <u>https://one80place.volunteerhub.com/vv2/</u> to see the full calendar and to sign up!

Help SC Department of Natural Resources with Oyster Shell Bagging and Wire Reef Construction and/or Trash Sorting

Join the South Carolina Oyster Recycling and Enhancement "SCORE" team to construct Modified Wire Reefs (MWR) that will be an alternative substrate for oyster larvae to land and grow on. There are several volunteer opportunities. <u>Click here to sign up!</u> For more information about SC Department of Natural Resources please visit <u>https://www.dnr.sc.gov/</u>.

Heart Math Tutoring

Support a child in CCSD with just 1 hour per week! Heart Math Tutoring trains and supports volunteers as tutors to work one-on-one with elementary students to build foundational math skills and confidence. With the support of an on-site coordinator, volunteers use an easy-to-follow, proven curriculum featuring hands-on activities and games. Volunteers work with the same student(s) all year building a relationship and strengthening skills. No need to be a "math person" - if you can count and do basic math, you can make a difference in the life of a child! Sign up to volunteer at <u>heartmathtutoring.org/new-</u> <u>programs/charleston/#volunteer</u> and select your day and time or email Dave Smith <u>dave.smith@heartmathtutoring.org</u> with questions.

Association for the Blind and Visually Impaired SC

ABVI's mission is to enrich the quality of life for the blind and visually impaired. They provide programs promoting personal independence and vocational rehabilitation for blind and visually impaired adults throughout the Tri-County community. They are seeking volunteers to help with client connections, job readiness coaching, braille (even if you don't know braille you can help), admin and event volunteers. For more information please contact Bryson Young at byoung@abvisc.org or visit https://www.abvisc.org/volunteer/.

Tri-County S.P.E.A.K.S.

Tri-County S.P.E.A.K.S. is looking for volunteer advocates to run their 24/7 hotline. To learn more about this opportunity visit <u>tricountyspeaks.org/volunteer</u>.

Meals on Wheels of Summerville

Meals on Wheels of Summerville is looking for volunteers to help with a variety of opportunities including meal delivery, sorting, packing and food collection. For more details please visit: <u>https://www.mowsummerville.org/volunteer-opportunities</u>.

Volunteer with Dorchester Paws

Dorchester Paws is a small non-profit run animal shelter in Summerville, SC. They ensure over 4000 animals that come through their doors each year are well cared for and adopted. Volunteers are a vital part of everyday operations and they are looking for volunteers to help with a variety of tasks including walking and socializing dogs, helping with adoption events, sorting donations/food, cleaning, repair, and more! For more information or to sign up please visit https://dorchesterpaws.org/volunteer/.

Katie's Krops

Katie's Krops is hosting a garden work morning every Wednesday in September from 9-11am and are looking for volunteers to help! If you are interested in volunteering, please follow this think- <u>Join us in the Garden</u>.

Katie's Krops is also looking for volunteers who are willing to start seeds at their homes and return the plants when they are robust enough to direct plant. They will provide the seeds and potting mix. If you are interested in assisting with this please contact <u>Stacy@KatiesKrops.com</u>.